Validating a Whole Farm Modelling with Stakeholders: Evidence from a West African Case

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Abstract
Strategic and tactical decision support tools can assist farmers to make farm management decisions. The challenge facing researchers is to construct decision support tools that lead to the successful adoption of the strategies selected. This article describes and assesses the use of a whole-farm model in West African savannah regions. Farmers and advisors were involved in the choice and design of models, the definition and analysis of scenarios, the design of alternative strategies, and the validation of models. The validation process included a short and mid-term analysis of the use and usefulness of the model for farmers. During the validation process, farmers demonstrated that they were able to define and characterize iterative scenarios permitting the performance of their farm to be improved. They also had a good understanding of the outputs of the model, even several months after they had used the model. They declared having changed some technical or management practices and having acquired calculation and management skills. This type of process offers an alternative to conventional advisory methods based on advisor expertise.

Keywords: stakeholder-based process, support tool, advisor, farm management, Burkina Faso

1. Introduction
While farming systems in sub-Saharan Africa have limited access to productive resources (Debaeke & Aboudrare, 2004; Giller et al., 2011; Okello, Kirui, Njiraini, & Gitonga, 2012), they are facing increasing demands from urban populations, fluctuating climate conditions (Cooper et al., 2008; Twomlow et al., 2008) and a changing economic environment (Adesina & Quattara, 2000). In West African savannahs, rural population growth is contributing to an expansion of areas under cultivation and larger livestock herds, resulting in increasing conflicts between crop farmers and livestock farmers over agro-pastoral resources. This demographic pressure also is the principal reason behind shortened fallow periods, with consequent reductions in soil fertility and in the productivity of farming systems (Dugué & Dongmo Ngoutsop, 2004; Saka, Okoruwa, Oni, & Oyekale, 2011). For several decades, development research has proposed technical options based on a better integration of agriculture and livestock production to help farmers increase their agriculture production levels while protecting their agro-pastoral resources (Sumberg, 1998). Mixed crop-livestock farming systems are assumed to efficiently utilize the biomass produced and improve the resilience of farming systems (Herrero et al., 2010).

However, numerous authors point out that these technical options have not been adopted widely by farmers (Fox, Rockström, & Barron, 2005; Nziguheba et al., 2010, van Rijn, Bulte, & Adekunle, 2012) due to the low level of involvement of target groups in the design of research programs (Callon, Lascoumes, & Barthes 2001, Faure, Gasselin, Triomphe, Hocdé, & Temple, 2010). This also is the case of simulation based decision support tools developed to analyze how to implement these options and their consequences on the operations and performance of their farms (Keating & McCown, 2001; Meinke et al., 2001). The reasons identified are the low level of involvement of target groups in their design (Thornton & Herrero, 2001), the duration of model development (Sterk et al., 2006), and the cost and length of time needed to collect basic data which often are extensive given the numerous interactions between activities within a farming system (Whitbread, Robertson, Carberry, & Dimes, 2010).
The design of computer models that can support farmers who are considering how to develop their farming systems is a challenge for research (Le Gal, Dugué, Faure, & Novak, 2011). Participatory modelling allows the objectives and priorities of the stakeholders involved to be taken into account. Its principles have been described by Voinov and Bousquet (2010) and can be applied to build a whole-farm model meant to support farmers’ management strategies. But the impact of this kind of approach on farming system design remains to be assessed in empirical conditions.

The assumption tested in this study is that whole-farm models built in a participatory process are valid tools to help farmers design alternative farming systems.

This article describes and assesses the use of a whole-farm model co-designed with stakeholders. The article is based on a whole-farm model named Cik'da (“farm” in the Dioula language) that was developed in western Burkina Faso under a research framework involving researchers, farm advisors and farmers. Cik'da is meant to be used by advisors to help farmers analyze the impact of different scenarios of tactical and strategic change involving their cropping patterns, fertilization practices, herd management, and livestock feeding. In this kind of modelling approach, validation, intended to determine whether the model was successful in addressing its intended purpose, relies mainly on the participatory evaluation of the use and usefulness of the model (Becu, Neef, Schreinemachers, & Sangkapitux, 2008; Pavé, 2005; Voinov & Bousquet, 2010). Here, the criteria of use and usefulness were the ability of farmers to design consistent alternative scenarios, the understanding of the model by farmers, and the impact of the model on knowledge and practices. After presenting the general methodological framework and the stages of the modelling process, we describe the scenarios built by farmers and their assessment of the approach at the beginning and midway through the validation process. The validity of the model and the respective role of farmers, researchers and advisors in the process are then discussed.

2. Material and Methods

2.1 The Overall Methodological Framework

This study was carried out between 2007 and 2011 in the villages of Koumbia (3°41'15" West; 11°14'47" North) and Kourouma (4°47'29" West; 11°36'44" North), both situated in the cotton basket of Burkina Faso and facing the same constraints as other savannah areas of West Africa. In the region, between 900 and 1000 mm of rain falls over a five-month period (June to October). Farmers of the region may be grouped into three types according to the structural characteristics of their farms and their production objectives (Vall, Dugue, & Blanchard, 2006). Crop farmers (70% of farms) grow cotton for sale and cereal crops for home consumption and sale. Of these, 70% own draught animals and a few small ruminants. Livestock farmers (10% of farms) grow cereal crops for home consumption on small surface areas; their sole source of revenue is their ruminant herds. Crop-livestock farmers (20% of farms) constitute a category that emerged following the sedentarisation of some livestock farmers and the development of cattle farming by crop farmers to diversify their revenue sources. The large majority of farmers do not note down any data on their farming activities due to their limited schooling.

In action research projects, ‘boundary’ objects (Cash et al., 2003; Trompette & Vinck, 2009) can facilitate the partnership between researchers and stakeholders. They may be multiple: abstract and concrete, general and specific, conventional and user-adapted, material and conceptual (Trompette & Vinck, 2009). In this specific research project, one of the boundary objects, which was proposed by stakeholders and provided financial support by researchers, was an organisational object called the “Committee of Village Deliberation: CVD” (Vall, Chia, Andrieu, & Bayala, 2008). In each village, a CVD was set up with two representatives from each farmers’ organisation and advisors from advisory structures (National Union of Cotton Farmers, Agriculture and Livestock Ministries). Representatives of these CVDs (four representatives from each village) and researchers constituted the research steering committee. The role of the CVD was to alert researchers about agropastoral problems, discuss and validate the choices made during steering committee meetings, select experimenters, and follow, discuss and evaluate the experiments carried out in the villages. The scientific team was made up of three agronomists, including two with modelling skills, one zootechnician, two computer specialists, and three agronomy students. In this research project, modelling also was seen by scientists as an intermediary tool that could be used on the condition that the farmer was involved in the definition of issues to be addressed and the model’s construction.

The advisors (six advisors) and around thirty farmers, chosen by the CVDs according to their willingness to be monitored by the research team, were involved in the modelling process.

In accordance with the chosen participatory approach, stakeholders were involved in the choice and design of the model, the definition and analysis of scenarios, and the design of alternative strategies which Voinov and Bousquet (2010) described as the basic steps of participatory modelling (Figure 1).
2.2 The Design Process of the Model with Stakeholders

2.2.1 Identifying Project Goals

During meetings of the research steering committee, the main agricultural development questions that should be addressed by the model were identified. These questions included selecting cropping patterns (choice of crops and their land allocation within a farm), fertilization (balance between mineral and organic fertilizer) and feeding herds of animals, in a context where rainfall levels are highly uncertain. The questions were related to decisions that are tactical (yearly planning) and strategic (investment decisions, size of an activity unit).

2.2.2 The Choice of the Modelling Tool: Modelling Software and Modelling Principles

For the modelling software, Excel® software was used by modellers because its use does not require advanced computer programming skills (Voinov & Bousquet, 2010). Consequently a first prototype can be developed rapidly in order to respond to local questions and is easy to use by the advisors who are intended to handle the model.

Based on the outputs of the steering committee, the general modelling principle adopted by modellers consisted in calculating balances between supply and demand of cereals, forage, and mineral nutrients to detect possible imbalances related to a simulated scenario, and then evaluate the related economic results. This choice aims to ensure a better understanding of the model’s structure and operation for both its users and the farmers targeted by the support process.

Farmers’ decision rules are not modelled unlike in optimization (Casagrande et al., 2010) or rule-based modelling (Andrieu & Nogueira, 2010). This approach ensures a broader and more flexible exploration of possible strategies proposed by farmers by capturing in the software the outputs of farmers’ decision rules rather than the rules themselves. Furthermore, the farmer can retain control over the change in the outputs so that he can improve his understanding of the impacts of his strategic or tactical decisions and test new scenarios according to his analysis of previous scenario outputs.

The biophysical processes permitting the calculation of these balances are represented by constants based on the CVD farmers’ own knowledge regarding the average productivity of their cropping and livestock systems. For example, the crop yields permitting the calculation of cereals supply and demand for mineral nutrients are assessed on the basis of farmers’ opinions per crop and type of climatic year (favourable, average, unfavourable) during focus group discussions with the CVDs. The model then connects these constants with input variables captured by the user, such as the area per crop or the herd size, to calculate the supply and demand balance for a resource. Constants that are difficult for farmers to quantify are estimated from regional literature and simplified equations. For example, the average production of calves per season was estimated on the basis of constants related to the herd growth rate determined from regional literature (Larrat, Levif, Pagot, & Vandenbussche, 1988; Sangare, 2005).

2.2.3 Collecting Data on the Functioning of Crop-livestock Farms and Defining the Model Structure

In order to determine the processes that should be modelled, in-depth surveys of the functioning of a limited sample of farms were carried out. For the design of the sample, we used the structural typology of the farms of the
study site proposed by Vall et al. (2006); two farms of each type were selected by the CVD. Interviews were conducted before the start of the 2008-2009 crop year to bring to light the planning of activities; these were followed by a monthly monitoring of activities implemented during the year. The analysis of planning made it possible to identify each farmer’s production strategy (Aubry, Papy, & Capillon, 1998) while the monitoring allowed this analysis to be refined by discussing with the farmers the gaps between what was planned and what actually was carried out.

From this description of the functioning of crop-livestock systems, the structure of the model was proposed by modellers and validated by the steering committee (Figure 2). The model represents a mixed crop-livestock farm in the form of seven interacting modules. The module, "Farm Resources", includes the land, labour, and equipment resources available on the farm. Two other modules represent the farm’s livestock system and the cropping system. Five herds of animals (breeding cattle, draught ox, dairy cow, fattened steer, and small ruminants) and five crops (cotton, maize, sorghum, cowpea grain, cowpea forage) are modelled to cover the main livestock and cropping systems observed on the farms in the study area. Three other modules represent the functional links between the cropping and livestock modules: organic nutrient production, crop fertilization, and herd feeding. A seventh module calculates the economic variables (expenses and products) derived from the biophysical fluxes described in the other modules.

The model functions on a yearly time step, with the year divided into three periods: the rainy season (1 May-31 October), the cold dry season (1 November-28 February), and the hot dry season (1 March-30 April). This breakdown makes sense to farmers because each season is characterized by specific rainfall and temperature conditions that affect the availability of water and animal feed resources and the type of productive activities carried out. The rainy season corresponds to agricultural crop work; the animals’ needs are covered by natural rangelands. During the cold dry season, crop fields are harvested and the space is left open to herds for common grazing. During the hot dry season, the pastures are practically exhausted and farmers distribute forage stocks constituted during the preceding season that are the basis of the cattle feed.

![Figure 2. Cikeda structure](image)

Each box corresponds to one module corresponding to a subsystem of the modelled system. Module names are in bold, the main input variables are normal print, the main output variables are in bold and italics, the resource...
balance linked to the module is underlined (calculated by comparing resource supply and demand from other modules)

2.2.4 Parameterization of the Model by Farmers and Scientists

A first prototype of the model was available within 4 months and was presented to each CVD during focus group meetings. During this presentation, the inputs, outputs and parameters (Appendix 1) of the model were reviewed. This exercise made it possible to set values to the constants, select units to facilitate the entry of inputs and understanding of outputs, store some values difficult to quantify by farmers as constants, and add outputs that were pertinent for farmers. For example, yield values were assessed per crop, per type of climatic year, and per village, the prices of production inputs difficult to remember were transformed into constants, farmers suggested that some input and output variables such as the production of cereals be expressed in ‘bags’, which is a commonly used local unit, instead of ‘kg’. Farmers also suggested adding outputs such as the arable area as a function of the level of equipment of the farm.

2.2.5 Design of a User-friendly Interface

An evaluation of advisors’ perceptions and expectations in terms of features showed that the Excel model was not user-friendly. Complaints were related to the aesthetic quality, an unfunctional recording mode of different simulations, and no error handling. To render data input more user-friendly for advisors, they were shown several interfaces and were asked to select the one which seemed easiest to use. The selected interface was developed using Visual Basic Express 2008®. This second prototype of the model, developed within 3 months, was called Cikeda.

2.2.6 Training of Advisors

The agricultural advisors were trained in how to use the model. The training consisted of a presentation of the model’s limitations, simplifications, and principal calculations, accompanied by practical exercises on simulation, scenario development, and performance analysis of a virtual farm. At the end of the session, the three advisors who had developed the greatest mastery of the model were selected by the group to test the model in an advisory service approach, with the possibility that they would be supplemented by the other three. The first advisor, from the Livestock Ministry, had been trained in animal production science. The two others belonged to the National Union of Cotton Farmers and had backgrounds in accounting/management.

2.2.7 Applying the Model

Between October 2009 and February 2010, these advisors then applied the model with 10 crop farmers, 6 livestock farmers, and 8 mixed crop-livestock farmers selected by the CVDs. Each farmer was supposed to define and characterize different strategic and tactical change scenarios for his farming system, and then compare and discuss the outputs with his advisor. The advisors and farmers were asked to define 4 types of scenarios: a baseline scenario S0, corresponding to activities implemented during the preceding crop year that could be compared to current outputs obtained on the farm; a scenario S1, corresponding to the farmer’s plans for the coming crop year and reflecting his production strategy; an improved scenario S2, characterized by the farmer to correct imbalances identified under scenario S1; and a scenario S3 consisting of a strategic change that could be implemented over the long term, and characterized by the advisor with the support of a researcher.

During the interaction between the farmer and the advisor, the researcher was mainly an observer.

2.2.8 Validation Process

Validation was intended to determine whether the model was successful in addressing its intended purpose. In this study, the intended purpose was to assist farmers to make farm management decisions. Two attributes were analyzed for this validation: the use of the model and the usefulness of the model to improve management decisions and practices. Validation of the use of the model was based on two criteria: the farmers’ ability to design consistent alternative scenarios, and the farmers’ understanding of the model, with the assumption that an understanding of how calculations are made in the model would favour its use. The ability of farmers to design consistent alternative scenarios was considered good when farmers were able to design at least one alternative scenario based on the analysis of the outputs of the previous one. This validation was based on surveys made by the researcher during the application of the model. The researcher also observed the attitudes of the farmer. Once each scenario was analysed, farmers were interviewed regarding the difficulties encountered in the development of the scenarios and the analysis of outputs, and their interest in and opinion of the exercise. The understanding of the model was assessed by the number of outputs farmers were able to remember 6 months to one year after they had used the model. Understanding was considered to be good when half of the farmers were
able to describe at least two of the main four balances calculated by the model. This evaluation was made in October 2010 with 19 of the farmers that had used the model.

Validation of the usefulness of the model also was assessed 6 months to one year after they had used the model (Becu et al., 2008). It was based on two criteria: the farmers’ declarations of having acquired additional knowledge by using the model, and the changes they had carried out during the cropping season that followed their use of the model. The impact of the tool on knowledge was considered good when half of the farmers were able to describe their new knowledge in some detail and in relation to what they had been doing before. The impact of the tool on practices was considered good when half of the farmers had made some changes that they were able to describe (not only responding “yes” or “no”).

3. Results

3.1 Applying the Model: An Iterative Design of Scenarios by Farmers and Advisors

Table 1 presents the characteristics of the 4 scenarios simulated on one of the crop farms, and Figure 3 presents the main results obtained. The simulation of scenario S0 shows that there is a surplus in the cereal balance no matter the type of climate year. The nitrogen balance on maize has a slight deficit. The forage balance also has a deficit and the model recommends the purchase of 1.8 sacks of cotton cakes for an average climatic year. Crops are the sole source of revenue because the animals present on the farm are not sold. The economic balance therefore is linked strongly to crop yields, and consequently to the weather. These results matched the farmer’s experience, the results of the previous year being considered by the farmer as having been good.

To promote the sale of surplus cereals, and limit the purchases of feed for cattle revealed in S0, the farmer tested a scenario 1 in which he expands his cultivated surface area from 5 to 7.5 ha by getting back land that he had loaned to another farmer. He aims to increase the surface area under maize, forage, and secondary crops, and to introduce an area sown with sorghum. He also plans an increased reliance on paid labour (from 80 to 120 days) to respond to the increased work load during weeding and harvesting. Finally, the farmer plans to increase fivefold his storage capacity of crop residues and to increase their collection rate. S1 permits an improvement in the forage balance, rendering the purchase of cotton cakes unnecessary. The economic balance of the farm thereby is improved due to a reduction in costs linked to livestock (eliminating expenses due to the purchase of cotton cakes and no plan to purchase draught cattle by the farmer) and to the increase in crop products linked to the cultivation of a larger surface area with crops that do not require extensive inputs.

Relatively satisfied with the economic balance obtained through S1, the farmer formulated a S2 scenario that was distinguished from S1 by the type of manure produced and used. Under S2, all animal faeces present on the farm are recuperated year-round in a pit. The farmer estimated that collecting and storing manure would not require additional temporary paid labour in comparison with his current mode of manure production. Figure 3 demonstrates the positive effect of the application of pit manure on the nitrogen balance of maize compared to the current simple use of manure collected from the pens.

The advisor then presented scenario S3 to the farmer, it allowed an analysis of a diversification of income sources through a more efficient utilization of the herds by selling some surplus sheep, made possible by their prolificity. In the same manner, the sale of one of his three draught oxen could be envisioned. S3 led to a slight reduction in the nitrogen balance on maize due to a reduced quantity of faeces but to an improvement in the economic balance. Having already secured a minimum income in the case of unfavourable weather, the farmer was able to assess the advantages of a more efficient utilization of his livestock.
Table 1. Input data for 4 scenarios simulated with a crop farm: S0: the baseline scenario, S1: the farmer plans extension of the cropped area, S2: the farmer plans improvement of the quality of organic fertilizer, and S3: the advisor’s proposal to achieve a more efficient utilization of livestock

<table>
<thead>
<tr>
<th>Input variables</th>
<th>S0</th>
<th>S1</th>
<th>S2</th>
<th>S3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family size</td>
<td>8</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>Storing capacity of forage (carts)</td>
<td>5</td>
<td>25</td>
<td>25</td>
<td>25</td>
</tr>
<tr>
<td>Capacity of manure pit (carts)</td>
<td>30</td>
<td>30</td>
<td>30</td>
<td>30</td>
</tr>
<tr>
<td>Crop area (ha)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cotton</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Maize</td>
<td>2.5</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Sorghum</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Secondary crops</td>
<td>0.25</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Forage crops</td>
<td>0.25</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>Total</td>
<td>5</td>
<td>7.5</td>
<td>7.5</td>
<td>7.5</td>
</tr>
<tr>
<td>Proportion of crop residues harvested (%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maize</td>
<td>25</td>
<td>50</td>
<td>50</td>
<td>50</td>
</tr>
<tr>
<td>Sorghum</td>
<td>0</td>
<td>50</td>
<td>50</td>
<td>50</td>
</tr>
<tr>
<td>Secondary crops</td>
<td>0</td>
<td>75</td>
<td>75</td>
<td>75</td>
</tr>
<tr>
<td>Number of traction cattle at the beginning of the rainy season</td>
<td>2</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Number of cattle (traction and fattening excepted) at the beginning of the rainy season</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Number of small ruminants at the beginning of the rainy season</td>
<td>4</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>Purchase of traction cattle</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Sale of traction cattle</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>Purchase of small ruminants</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Sale of small ruminants</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Supplemented animals in hot dry season</td>
<td>All</td>
<td>All</td>
<td>All</td>
<td>All</td>
</tr>
<tr>
<td>Season of faeces harvesting</td>
<td>R</td>
<td>C</td>
<td>H</td>
<td>R</td>
</tr>
<tr>
<td>Pit harvesting with:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Traction cattle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small ruminants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pen manure harvesting with:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Traction cattle</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small ruminants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Security stock of maize against hazards (bags)</td>
<td>10</td>
<td>15</td>
<td>15</td>
<td>15</td>
</tr>
<tr>
<td>Seed cost (Fcfa)</td>
<td>8820</td>
<td>5120</td>
<td>5120</td>
<td>5120</td>
</tr>
<tr>
<td>Equipment depreciation (Fcfa)</td>
<td>13000</td>
<td>9000</td>
<td>9000</td>
<td>9000</td>
</tr>
<tr>
<td>Temporary paid labour (days)</td>
<td>82</td>
<td>123</td>
<td>123</td>
<td>123</td>
</tr>
<tr>
<td>Amount of purchased herbicides (l)</td>
<td>4.5</td>
<td>18</td>
<td>18</td>
<td>18</td>
</tr>
<tr>
<td>Amount of purchased insecticides (l)</td>
<td>10</td>
<td>10</td>
<td>10</td>
<td>10</td>
</tr>
</tbody>
</table>

R: Rainy season, C: Cold dry season, H: Hot dry season
S0: initial configuration / S1: Extending cropped area / S2: Using pit manure / S3: Selling animals

3.2 Validation of the Use of the Model

3.2.1 Scenarios Built and Farmers’ understanding of the Model

Table 2. Examples of investigated issues and simulated solutions with 24 farms

<table>
<thead>
<tr>
<th>Issues raised from S0 and S1</th>
<th>Contemplated solutions by the farmer in S2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crop-livestock farm</td>
<td></td>
</tr>
<tr>
<td>How to reduce workload while improving work productivity?</td>
<td>Reducing the number of fattening cattle in hot dry season</td>
</tr>
<tr>
<td>How to improve animal diet quality?</td>
<td>Storing crop residues with higher forage quality</td>
</tr>
<tr>
<td>How to reduce workload while keeping a satisfying economic balance?</td>
<td>Reducing cotton area</td>
</tr>
<tr>
<td>How to improve the forage balance?</td>
<td>Extending cattle fattening</td>
</tr>
<tr>
<td>How to improve animal diet quality?</td>
<td>Increasing collection of crop residues</td>
</tr>
<tr>
<td>Livestock farm</td>
<td></td>
</tr>
<tr>
<td>How to reduce dependency on cotton cakes with a low autonomy of crop residues?</td>
<td>Mixing urea with straw</td>
</tr>
<tr>
<td>How to improve the forage balance?</td>
<td>Reducing the number of fattening cattle while increasing collection of crop residues and storage capacities</td>
</tr>
<tr>
<td>How to improve animal diet quality?</td>
<td>Storing crop residues with higher forage quality</td>
</tr>
<tr>
<td>Crop farm</td>
<td></td>
</tr>
<tr>
<td>How to reduce cotton dependency by utilizing more efficiently the livestock?</td>
<td>Selling small ruminants, extending forage storing capacity, increasing cereals and secondary crops areas against cotton</td>
</tr>
<tr>
<td>How an increase of cotton area would impact economic balance assuming an increase of its sale price?</td>
<td>Simulating an increase of cotton area linked with a higher sale price of cotton</td>
</tr>
<tr>
<td>How to jointly improve the crop nutrient and economic balance?</td>
<td>Developing manure pit</td>
</tr>
<tr>
<td>How to maintain income while stopping cotton cultivation?</td>
<td>Selling sheep</td>
</tr>
</tbody>
</table>

Fattening animals

S0: Initial scenario
S1: Innovative scenario / First round
S2: Innovative scenario / Second round
All farmers were able to design at least one alternative scenario (S1). They also were able to describe a scenario S2 intended to correct the imbalances detected by S0 and S1. The nature of the scenarios tested was linked to the socio-economic context of the farms, specifically the reassessment of the cotton crop area due to a drop in the sale price and an increase in the price of inputs over several successive crop years. However, the issues studied and the scenarios developed by the farmers in response to this context were diverse depending on their farm type (Table 2).

Reducing workload was of particular interest to crop-livestock farmers. Farmers figured it out based on their estimations of the manpower necessary to carry out the strategic and tactical choices entered in the model and tested scenarios that required lower workload, reducing, for example, the size of a fattening unit or the total cultivated surface area. Reducing cotton dependency was of particular interest to crop farmers who rarely consider the possibility to develop a small ruminant fattening unit whereas livestock farmers were more interested in forage management issues.

Figure 4 shows that 13 of the farmers were able to remember at least 2 of the 4 main balances of the model, which reflects a good understanding of the simulation results. The farmers who best described the model were those with a higher level of French language skills, which is likely a reflection of a higher education level.

### 3.2.2 Behavior of Farmers during the Use of the Model

All farmers found that the model’s capacity to highlight the synergy between cropping and livestock systems, and to simulate the farming system’s overall profitability, was helpful in raising their awareness of the possibility of diversifying their activities and served as a useful discussion support tool. However, the analysis of farmer-advisor interactions shows that those most interested in the model were young farmers who did not yet have a definite plan for their farms’ development, and farmers in the midst of considering how to transform their farms to improve performance. For the most experienced and often oldest farmers (4 of the farmers surveyed) whose farming systems were the most well established, the simulation outputs did not provide elements of a response to their more technical questions (genetic improvement of animals, animal diets, erosion control techniques). These farmers said that they would have preferred technical training or visits on farms that had tried innovative practices.

### 3.3 Validation of the Usefulness of the Model

The types of knowledge mentioned by farmers were very diverse, from management skills (planning), calculation skills (calculation of economic balance or cultivable area per worker), to more technical knowledge (how to feed fattening cattle).

A large majority declared having implemented some technical or organisational changes during the cropping season; including, for example, producing and using organic manure or planning their cropping season (Figure 5). Although few farmers were interested in the insights provided by the model on nutrient balance, a majority of them declared having produced and used organic manure. Before using the model, many farmers were aware of the positive effect of organic nutrients on soil fertility and yields but they had never really quantified the possible
decrease in the cost of mineral fertilizers permitted by an increase of organic nutrient production. The model revealed a favourable impact on farm revenue that farmers had not expected. They added that the model was a useful tool for planning and for deciding whether and how to intensify practices.

Figure 5. Ex-post evaluation by farmers of the interest of the model, and its impacts on their knowledge and practices

4. Discussion

4.1 Cikeda, a Valid Tool?

This study analyzed the validity of a model that was designed by stakeholders. The analysis considered the use and usefulness of the model for stakeholders, assessed immediately after the exercise and six to twelve months later. This validation was based on declarations of farmers with the assumption that their answers were not biased by advantages expected from the presence of the research program. In action research programs, assessments by stakeholders is favoured, based on the assumption that stakeholders’ skills and evaluation criteria are particularly relevant to the specific context, and that relationships of confidence are established between stakeholders and scientists (Becu et al., 2008; Chia, 2005; Chia & Deffontaines, 1999). We may thus consider that this kind of tool and more broadly this kind of participative modelling exercise is able to assist farmers in making farm management decision.

For this action research program, two boundary objects were used: an organisational one (the CVDs), and a technical one (the model). Each object did not play the same role in the process. The role of CVDs was to alert scientists to agropastoral problems as well as to empower farmers (Merril-Sand & Collion, 1994) to help them
Models are simplified and rely on data that are easily accessible in the field (Bockstaller et al., 2008). These so-called "operational" models are designed to provide farmers with a quantitative representation of biotechnical processes using constants based on farmer or advisor opinion or obtained from literature on the region. The output of such models can be of great value for farmers, whose reasoning was based more on cash flows than on margins and annual income.

For instance: how much forage would I need to feed my herd during the dry season? Would I get enough manure to fertilize my maize crop? The capacity of the model to evaluate quantitatively the balance between resource supply and demand provided a way for farmers to better plan their actions, something they were not used to doing. On the economic side, the outputs calculated were a simple financial translation of technical inputs and productions. They were, however, of great value for farmers, whose reasoning was based more on cash flows than on margins and annual income.

The balance-based modelling structure allowed researchers to clearly explain to farmers and advisors how the relationship between crops and livestock within a farm were represented. Calculations made by the model formalized some of the reasoning that farmers conduct empirically in the course of their management processes, for instance: how much forage would I need to feed my herd during the dry season? Would I get enough manure to fertilize my maize crop? The capacity of the model to evaluate quantitatively the balance between resource supply and demand provided a way for farmers to better plan their actions, something they were not used to doing. On the economic side, the outputs calculated were a simple financial translation of technical inputs and productions. They were, however, of great value for farmers, whose reasoning was based more on cash flows than on margins and annual income.

The quantitative results of the model were based on a simplified representation of biotechnical processes using constants based on farmer or advisor opinion or obtained from literature on the region. These so-called “operational” models are simplified and rely on data that are easily accessible in the field (Bockstaller et al., 2008). This methodological choice allows stakeholders to be involved in the modelling process. Outputs of the model have an exploratory rather than a predictive interest, which would require a high level of precision. The comparison of magnitudes and trends between scenarios can support the farmer’s reflection and analysis regarding the changes to be implemented on the farm (Andrieu & Nogueira, 2010; Lisson et al., 2010). Nevertheless, reliable data sources must be used when the constants of the model are being set. Specific constant setting procedures have been explored through surveys focussing on the processes to be modelled and focus group sessions gathering farmers, advisors and researchers to collectively define the value or values of various constants (Ritzema et al., 2010).

As for any intermediary tool (Liu, 1997; Trompette & Vinck, 2009), the model is intended to disappear at the end of the action research, or as soon as the questions asked by stakeholders change. In this context, and as is true for other participative modelling processes (Becu et al., 2008; Voinov & Bousquet, 2010), the model itself is less important than its design and use process, and the dialogue it promotes between a farmer and an advisor.

### 4.2 The Respective Role of Stakeholders in the Modelling Process

Developing an ad-hoc model (Affholder et al., 2012) instead of adapting an existing one is in accordance with the research approach chosen, which seeks to build a common language between stakeholders on the functioning of a crop-livestock farm and capture the specific interactions taking place between its components. There was a risk that users not included in the design process of an existing model may not familiarize themselves with it, which could result in a normative use of the model. In this process, the different stakeholders and researchers did not have the same functions. Farmers provided the questions to be addressed by the model, the farm elements and the management processes to be modelled, and the input data required to characterize the various scenarios. They also validated the modelling choices, proposed the scenarios of change and analyzed the outputs. Researchers made modelling choices to translate the knowledge collected from farmers into a conceptual model that was acceptable to the stakeholders involved in the research. They also observed and analyzed the interaction between farmers and
advisors in order to improve the modelling process. Advisors in charge of using the model and analyzing simulation outputs with farmers played the role of a translator or intermediary between the scientific and empirical worlds.

Advisors indeed may play a major role in breaking away from the linear transfer of knowledge and innovation that often is still encountered in agriculture (Röling & de Jong, 1998; Sumberg, 2005). They must effectively become familiar with the modelling process, which assumes a capacity to grasp abstractions of reality, the possession of technical skills in the fields addressed by the model, computer skills, and a good interpersonal relationship with farmers. The approach thereby contributes to the training of advisors on models and the technical skills needed for their use. Given the simplifications in the model, whose outputs have an exploratory rather than a predictive value, advisors must take care not to adopt a normative or prescriptive attitude.

The development and use of this kind of model within advisory structures that use conventional approaches (technical outreach, advice based on an analysis of past farming results) should require the involvement of the managers of the advisory structures in participatory action research and consequently a redefinition of their interactions with farmers and researchers (Djamen Nana, Djonnewa, Havard, & Legile, 2003; Koye & Havard, 2010; Percy, 2011). The design and testing of such an innovative approach therefore must be supported by further research on the development of advisory service mechanisms (Le Gal et al., 2011). Regarding software development, this research should be based on a participatory design methodology (Kensing & Blomberg, 1998), which claims that technology (here the software) has strong impacts on workers (here the advisor) and that workers must be involved in their design in order to improve the efficiency of the whole design and utilization process (Béguin, Cerf & Prost, 2010).

5. Conclusion

This paper presents the results of a participative modelling exercise. Farmers and advisors were part of an organisational device called, “Committee of Village Deliberation”, that allowed them to be involved in all of the steps of the research programme: the choice and design of models, the definition and analysis of scenarios, the design of alternative strategies, and the assessment of the approach. The modelling principle adopted was to estimate the supply and demand of nutrients, cereals, forage and cash using a limited number of simulated biophysical and decision making processes. The model thus matches data entered by the user on the farm structure and on the strategic and tactical choices to be tested with various parameters estimated with stakeholders that enable the main biophysical processes to be characterized. Validation was intended to assess the use and usefulness of the model. It was done by using the model with farmers and advisors, and by evaluating 6 months to one year after the farmers had used the model if they remembered well the outputs of the model and their perception of the new knowledge and practices induced by the exercise. A large majority of the farmers were able to design alternative management strategies based on the outputs of the previous scenarios simulated. They were able to describe at least two of the main four outputs of the model, suggesting a good understanding of the tool. A large majority declared having acquired new knowledge on how to calculate the economic balance or on how to plan the cropping season. They also declared to have adopted new technical practices such as the production and use of organic manure, and new management practices, such as planning their cropping pattern. Research remains to be conducted on the design of advisory services with stakeholders that can integrate these models and provide a central role to advisors with reinforced skills.

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