

# Standard Operating Protocol for Textural Characterization of Pounded Yam

Biophysical Characterisation of Quality Traits, WP2

**Iwo, Nigeria, 25/02/2022**

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| <p align="center"><b>SOP: Standard Operating Protocol for Textural Characterization of Pounded Yam</b></p>  |   |   |
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# ABSTRACT

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This document presents the Standard Operating Procedure (SOP) for instrumental texture evaluation of pounded yam developed by Bowen University team in Periods 3 and 4. The objective of this SOP was to develop and establish procedure for instrumental textural quality measurement for pounded yam prepared from varieties of yam tubers using a texture analyser. The results of the test showed that this method of texture evaluation is repeatable and discriminant. This was achieved and validated by CIRAD texture experts.

**Key Words:** Texture profile analysis (TPA), Textural attributes, pounded yam, *Dioscorea species*

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## 1 SCOPE AND APPLICATION

The objective of this SOP is to develop and establish procedure for instrumental textural quality measurement for pounded yam samples prepared from varieties of yam tubers using a texture analyser.

## 2 PREREQUISITE

The setting up and managing of a sensory tasting panel was explained in the deliverable: RTBfoods\_F.2.2\_2018.pdf

## 3 REFERENCES

1. Otegbayo, B.O., Aina, J.O., Lawrence, A., Sakyi-Dawson, E.O., Bokanga, M. and Asiedu, R. (2007). Texture profile analysis applied to pounded yam. Journal of Texture Studies. Vol. 38 No 3: 355-372.
2. Mohsenin, N.N. (1986). Rheological properties. In: Physical properties of plant and animal materials. 2<sup>nd</sup> ed. Gordon and Breach, Science publishers Inc. New York. pp 225-227
3. Bourne, M.C. (2002). Food Texture and Viscosity; Concept and Measurement, 2nd Ed., pp. 257–290, Academic Press, London, U.K.

## 4 DEFINITIONS OF TERMS

Vocabularies used in the instrumental Texture Profile Analysis (ITPA) of pounded yam samples are presented in Table 1

Table1 Vocabulary used in instrumental Texture Profile analysis of pounded yam samples

| Attributes                          | Sensorial description (as applied to pounded yam)   | Instrumental description   | Modified definition as applied to Pounded yam                              |
|-------------------------------------|---|--|--|
| <b>Adhesiveness/<br/>Stickiness</b> | This is when the pounded yam sticks or adhere to the fingers when touched or during moulding into bolus for swallowing. | This is the ability of the sample to stick to probe after deformation.<br>This is the negative force area of the first bite. It is the force necessary to pull the plunger away from the sample. | This is when the pounded yam samples stick to the probe after deformation. |

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| Attributes                    | Sensorial description (as applied to pounded yam)  | Instrumental description  | Modified definition as applied to Pounded yam   |
|-------------------------------|--|---|---|
| <b>Cohesiveness</b>           | Ability of the pounded yam to stick together easily without disintegrating, or being cohesive and being easy to mould. | This is the ratio of the positive force areas during the second compression to that during the first compression ( $\text{Area}_2/\text{Area}_1$ ) or how a product withstands a second deformation relative to how it behaved under the first deformation.   | The ability of the pounded yam to adhere or stick together under a compressive force (probe) after deformation.   |
| <b>Hardness</b>               | Hardness is when force is used to compress the sample or takes effort to compress the sample                           | Ability of sample to resist deformation. A soft product is one that displays a slight resistance to deformation, a firm product is moderately resistant to deformation, while hardness describes a product which shows substantial resistance to deformation  | Hardness is the peak force used to compress the pounded yam sample.   |
| <b>Springiness:</b>           |  | The distance that the food recovered in its height during the time that elapsed between the end of the first bite and the start of the second bite is defined as springiness (Bourne 1978).   | This may be a component of the stretchability of the pounded yam.   |
| <b>Stringiness/resilience</b> |  | This is the distance a product stretches as the compressing plunger is pulled away at the end of the first bite or the distance the product was extended during decompression before breaking off (Bourne 1978). Stringiness is also defined as how well a product fight to regain its original position. | Resilience or stringiness is the distance that the pounded yam stretches as the compressing plunger is pulled away from the product at the end of the first bite. |

## 5 PRINCIPLE

The ITPA method involves the use of a texturometer (model TVT 6700, Perten instruments, USA) which imitates or simulates the mastication of the human jaw. It involves compressing a bite-size piece of food two or more times in a reciprocating motion that simulates the action of the jaw. The resulting force–time or force-distance curve follows a sine-wave pattern generated (Fig 1). This is then used to quantify textural parameters that correlate well with results from sensory evaluation (Bourne, 2002). The instrumental texture profile analysis is a two-bite test cycle.

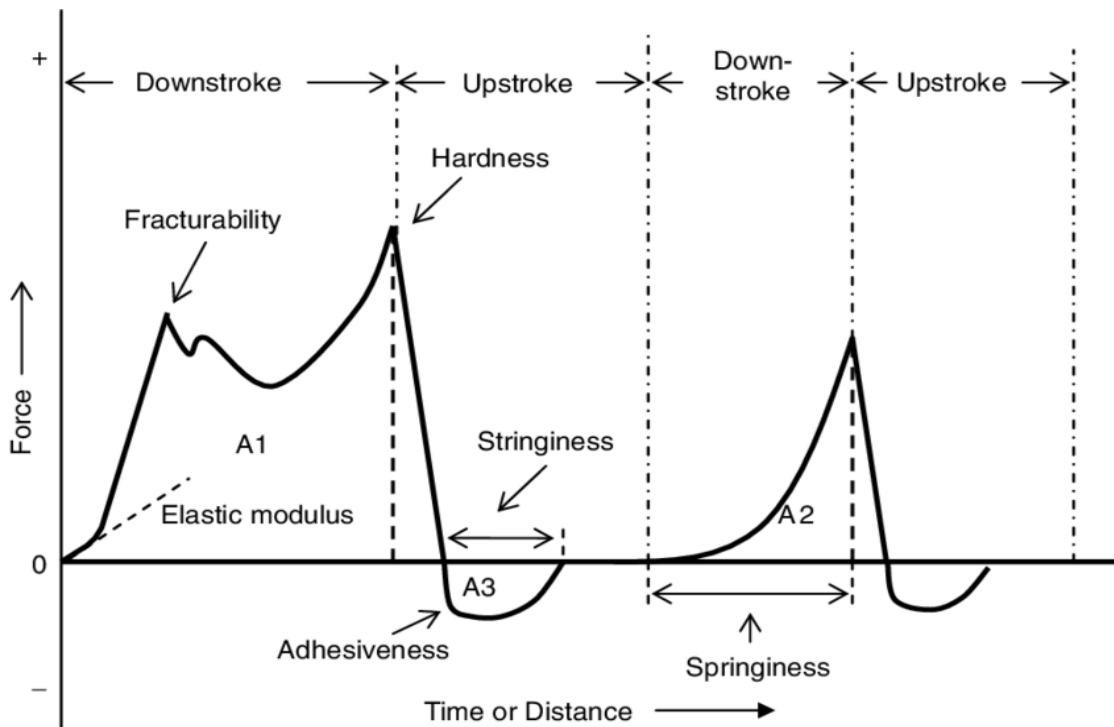


Fig 1 Generalized Texture Profile Analysis curve

Source: Bourne (2002)

## 6 EQUIPMENT

Texturometer (model TVT 6700, Perten instruments, USA) equipped with a 10 kg load cell.

## 7 PROCEDURE

### 7.1 Product Preparation under laboratory conditions

The pounded yam preparation follows the procedure described in the SOP for preparation and sensory profiling of pounded yam (RTBfoods\_F.2.2\_2018.pdf).

#### 7.1.1 Packing

- For Instrumental texture profile analysis (ITPA) the pounded yam is packed in small cylindrical plastic moulds of dimension 3 cm diameter x 3.6 cm height (Fig. 2a & b). The mould is to ensure a uniform dimension (size and shape to reduce variation because the test is dimension sensitive) for the samples. The mean sample weight is 25 g.
- The packing may take 5 minutes when handled by two people, and the temperature of the pounded yam which was initially at 68°C after cooking and pounding may drop to between 45 – 55 °C before measurement.
- A means of maintaining the temperature should be devised such as packing it in a styrofoam box or putting it in an electrically heated lunch box briefly. (Fig. 2c & d). This is to maintain the temperature all through the instrumental evaluation.





a. Moulds



b. samples in mould



c. Heating bowl

d. heating bowl

**Fig. 2 Packaging of Pounded yam samples before analysis to have uniform dimension**

### 7.1.2 Sample storage

Keep the samples in a medium that can keep the temperature between 45 – 50 °C until instrumental texture analysis. This may be done using a heating lunch bowl (Fig. 2c & d).

At the point of texture measurement, an hand held infra-red thermometer was used to monitor temperature.

## 7.2 Instrumental Texture analysis

### 7.2.1 Steps/Procedure in running a test

The steps for running instrumental texture profile analysis on a sample involves:

➤ Calibration:

Calibrate the height of probe and the force applicable on the instrument with a 2 kg standard weight before the beginning of texture analysis.

➤ Probe selection:

For pounded yam, use flat-ended cylinder compression probe of 75 mm diameter and 45 mm height

- Texture Analyser parameters selection
- Load cell of texture analyser 10kg
  - Pre-test speed of 5.0 mm/s
  - Test speed of 2 mm/s
  - Post-test speed of 2 mm/s
  - Trigger force of 5g
  - Data capture rate of 200 points per second (pps)
  - Distance above trigger of 20 mm
  - Time between compression cycles of 5 sec
  - Strain of 50 %
  - Temperature of sample at measurement is 45°C

Instrumental Textural quality attributes of significance to pounded yam are adhesiveness, cohesiveness and hardness

The steps for running instrumental texture profile analysis on a sample involves:

- Attach the flat-ended cylinder probe (45mm high and 75mm diameter) (Fig 3)
- Calibrate the height and weight of the instrument
- Carefully remove the sample from the plastic mould, check that the temperature is stable at 45°C, and place gently on the stationary horizontal platform of the instrument (Fig. 3).
- Initiate the test through the software menus.
- The flat ended cylinder probe (45mm high and 75mm diameter) contacts the food sample, in a two-bite cycle.
- During the analysis two compressions will be made on the pounded yam samples, each at 50 % strain of the samples using a time interval of 5s between strokes.
- The stress that developed in the food sample is measured as the sample is compressed.
- Quantity of sample: Each sample in the plastic mould for instrumental texture evaluation is between 24 - 27 g sample weight and 29 - 34 mm sample height.
- Each sample should be replicated at least ten times

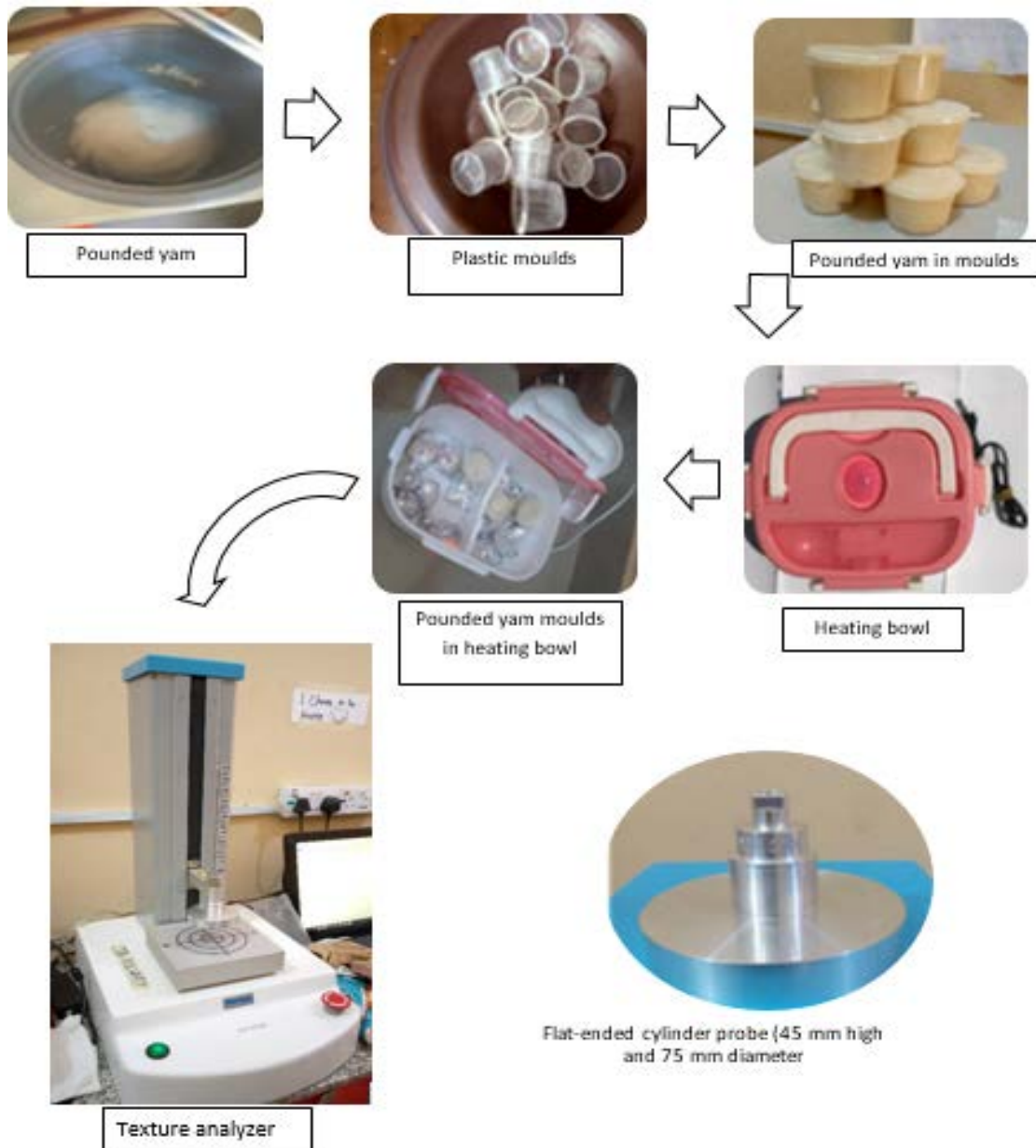


Fig 3 Steps in running instrumental texture profile analysis on pounded yam

## 8 EXPRESSION OF RESULTS

### 8.1 Interpretation of Texture profile Analysis (TPA) graph of pounded yam

Fig. 4 a shows an example of a TPA profile (from Texture Technologies) and Figs 4 b-h shows the TPA profile of pounded yam. The steepness of the slope denotes its degree of firmness. The steeper the slope, the firmer the pounded yam. The softness of the pounded yam is denoted by the concave

shape of the initial part of the curve towards the force axis. This is similar to what was reported by Mohsenin (1986) that initial part of soft biological tissues is usually concave towards the force axis.

Figure 4c shows the TPA profile of pounded that is moderately firm, less sticky, cohesive (but less cohesive because Area 2 is less than Area 1.) Fig 4d shows the profile of pounded yam that is soft, not steep (with a shoulder compared with Fig 4c) sticky and incohesive but less cohesive because Area 2 is less than Area 1.). In both Figs 4c & d, the cohesiveness is small (Area 2 is smaller in size than Area 1; this does not indicate a good degree of cohesiveness). Based on description of typical force-deformation curve of biological materials by Mohsenin (1986), the TPA curve of a hard/firm pounded yam from this study was similar to that of dry polymeric materials which is usually convex towards the force axis while that of soft pounded yam is similar to that of soft biological materials with the force deformation curve concave towards the force axis. (Appendix 1). Fig 4f shows a pounded yam sample that is less hard than that of Fig 4g, less adhesive/sticky (the adhesiveness area is smaller compared to fig 4g).

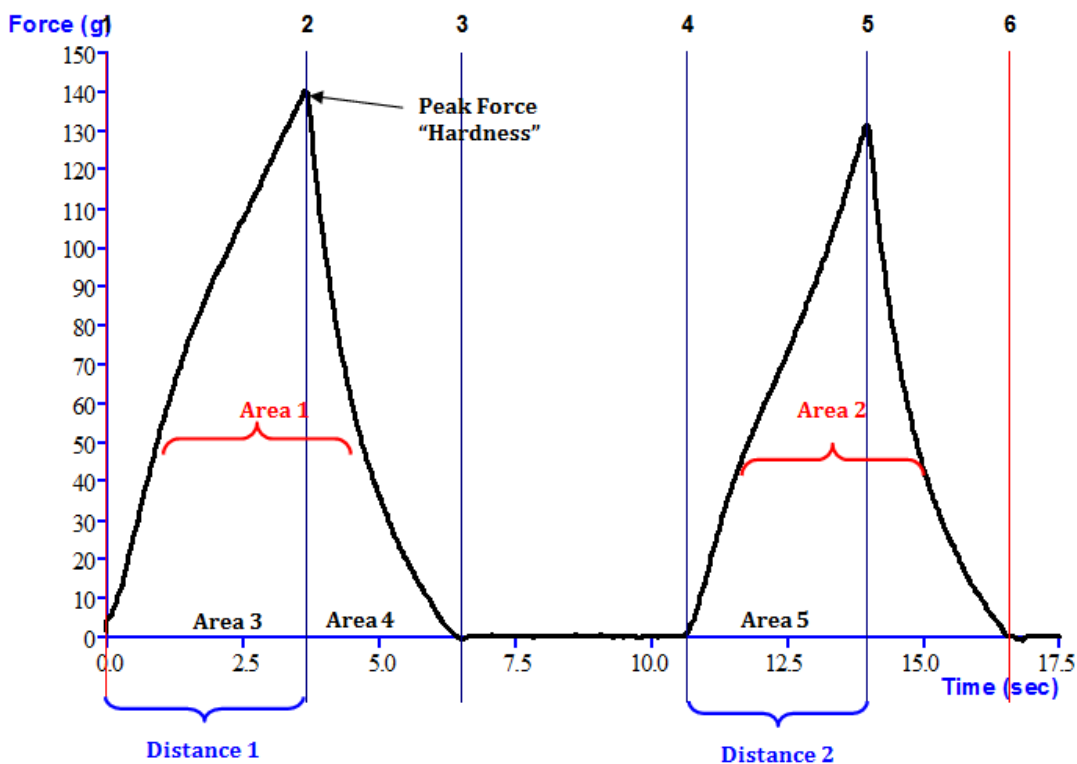


Fig 4a Interpretation of TPA graph

Source : <https://texturetechnologies.com/resources/texture-profile-analysis>

- **Hardness:** The highest peak force measured during first compression
- **Adhesiveness:** The negative area under the curve after the first peak
- **Cohesiveness:** The area underneath the second compression curve divided by the area underneath the first compression curve i.e.  $(\text{Area 2})/(\text{Area 1})$
- **Springiness:** A ratio or percentage of a products recovery to its original height i.e.  $(\text{Distance 2})/(\text{Distance 1}) * 100$
- **Gumminess:**  $\text{Hardness} * \text{Cohesiveness}$

- **Chewiness:** Hardness \* Cohesiveness \* Springiness
- **Resilience:** The area under curve after peak force is reached divided by the area under curve before peak force is reached i.e. distance under Area 4/Distance 1

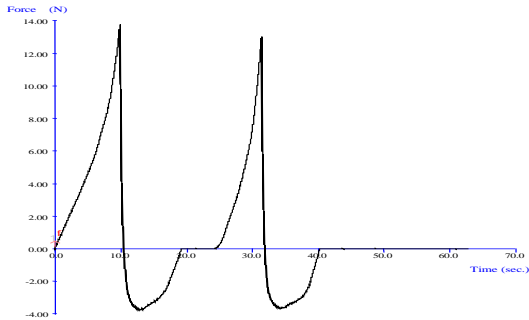
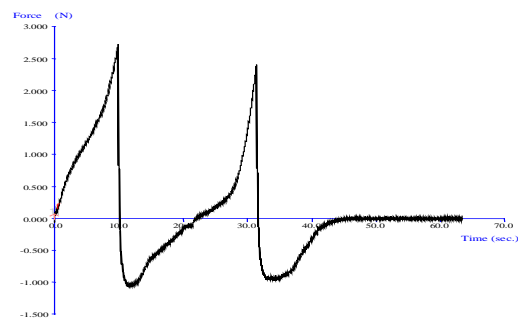


Fig 4b Pounded yam with good textural quality



Pounded yam with poor textural quality

Source : Otegbayo *et al.*, (2007)

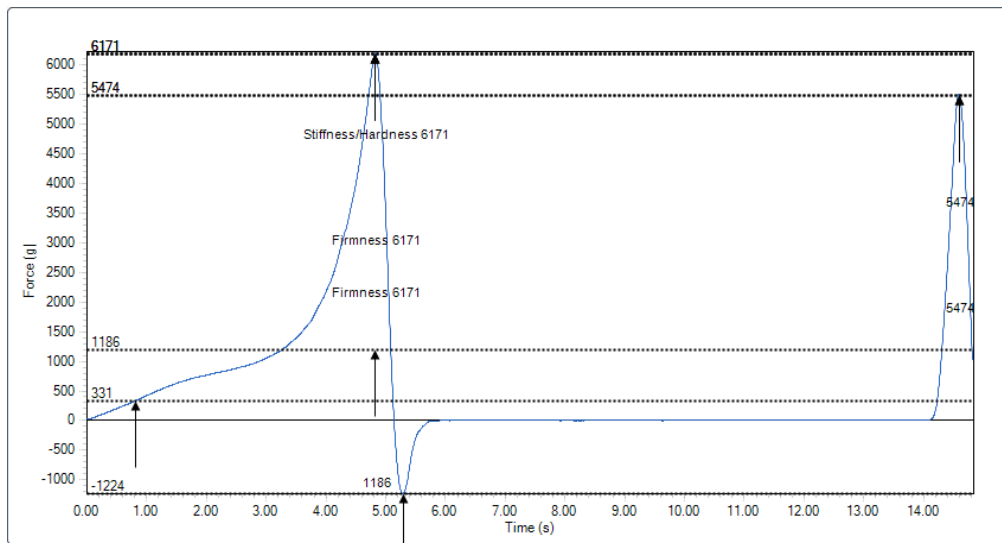


Fig. 4c TPA curve of pounded yam of good textural quality

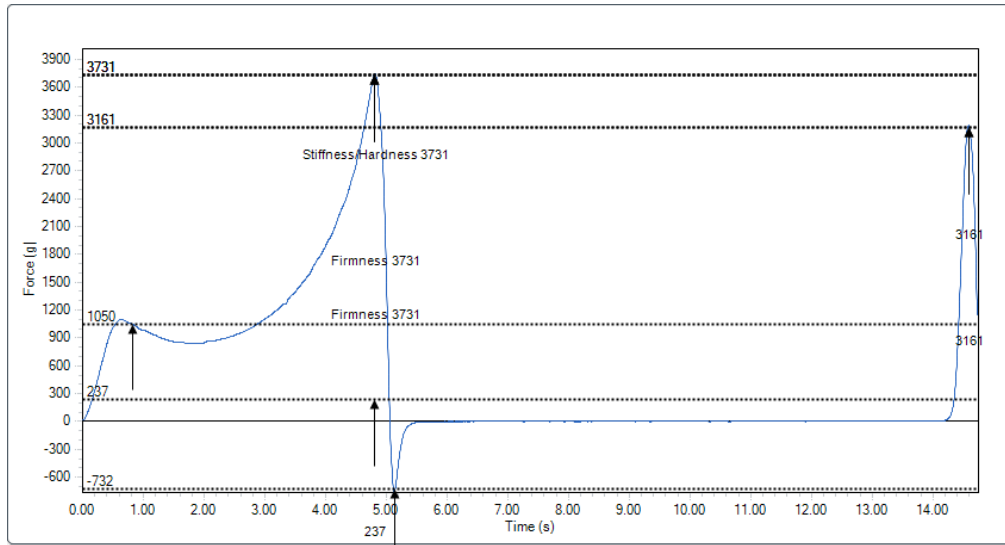
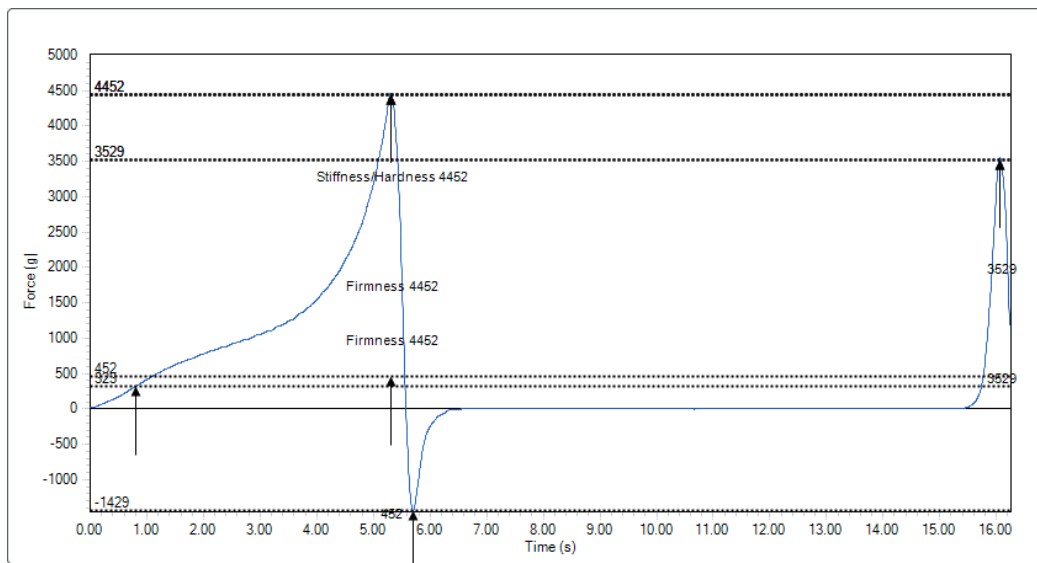
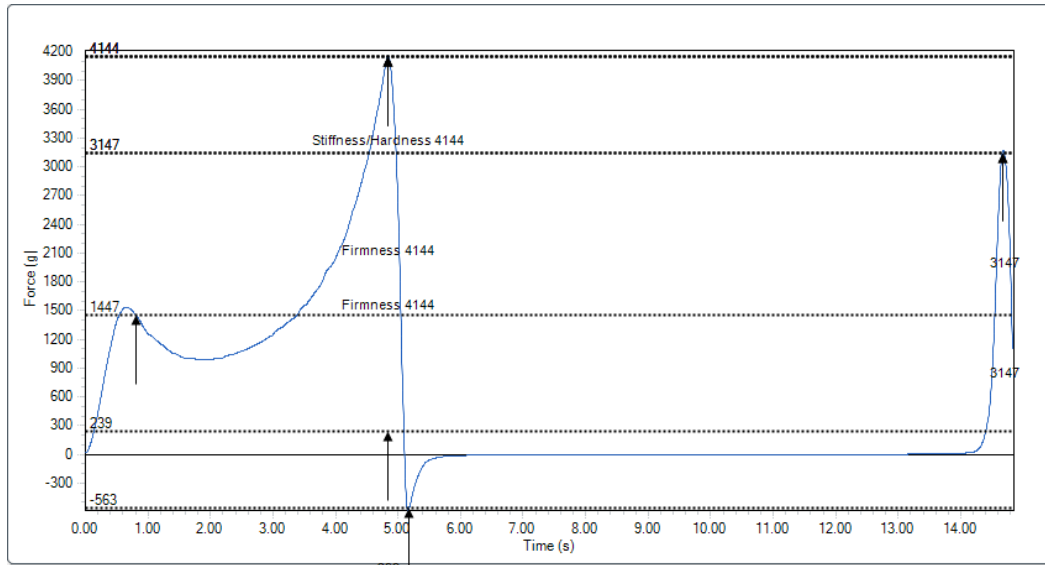
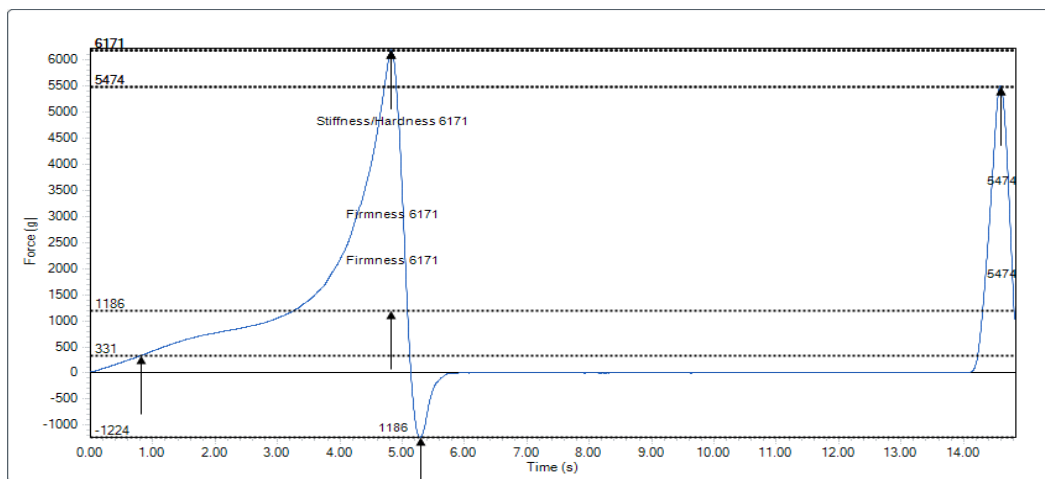
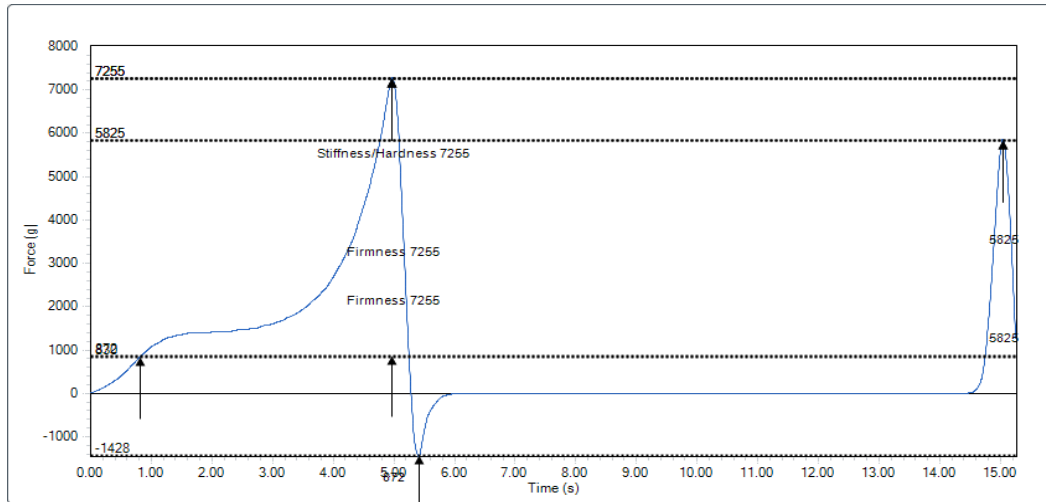


Fig. 4d TPA curve of pounded yam with poor textural quality

Fig 4e TPA profile of *D.alata* with good textural quality

Fig 4f TPA profile of *D. alata* with poor textural qualityFig 4g TPA profile of *D. rotundata* with good textural quality



Fig 4h TPA of *D.rotundata* with poor textural quality

## 9 CRITICAL POINTS TO NOTE ABOUT TPA

1. The test is dimension sensitive; hence efforts should be made to ensure that the dimensions of the samples are similar to ensure results with minimum variation.
2. There should be a means of keeping the sample temperature constant to achieve minimum temperature variation amongst samples to avoid changes in textural quality as a result of temperature change. Cold samples can retrograde rapidly.
3. Each sample should be measured at least 8 - 10 times per replicate, and at least 2 cooking replicates should be considered.

## 10 TEST REPORT OF ITPA

An example of statistical accuracy, repeatability and discriminance of textural attributes of pounded yam made from 4 *Dioscorea* varieties using texture analyzer (TPA) are shown below.

Table 2 Example of statistics of textural attributes of pounded yam from 4 varieties

|                    | Variety       | Cooking replicate | N  | Mean     | Std Dev | Std Err | CV     | Min   | Max   | Sum    |
|--------------------|---------------|-------------------|----|----------|---------|---------|--------|-------|-------|--------|
| Adhesiveness       | TDr 1400158   | 1                 | 14 | -678.14  | 155.06  | 41.44   | -22.87 | -908  | -320  | -9494  |
|                    |               | 2                 | 10 | -1410.30 | 208.19  | 65.83   | -14.76 | -1804 | -1165 | -14103 |
|                    | TDr 1401220   | 1                 | 13 | -849.54  | 267.29  | 74.13   | -31.46 | -1410 | -537  | -11044 |
|                    |               | 2                 | 16 | -503.88  | 201.83  | 50.46   | -40.06 | -905  | -241  | -8062  |
|                    | TDr 1401593   | 1                 | 15 | -354.07  | 117.73  | 30.40   | -33.25 | -531  | -116  | -5311  |
|                    |               | 2                 | 14 | -339.14  | 140.13  | 37.45   | -41.32 | -557  | -99   | -4748  |
|                    | TDr meccakusa | 1                 | 14 | -892.64  | 252.46  | 67.47   | -28.28 | -1303 | -469  | -12497 |
|                    |               | 2                 | 13 | -974.85  | 353.64  | 98.08   | -36.28 | -1856 | -538  | -12673 |
| Stickiness         | TDr 1400158   | 1                 | 14 | -135.71  | 16.36   | 4.37    | -12.05 | -162  | -102  | -1900  |
|                    |               | 2                 | 10 | -128.80  | 14.54   | 4.60    | -11.29 | -147  | -106  | -1288  |
|                    | TDr 1401220   | 1                 | 13 | -128.62  | 21.08   | 5.85    | -16.39 | -162  | -100  | -1672  |
|                    |               | 2                 | 16 | -126.75  | 19.03   | 4.76    | -15.01 | -169  | -110  | -2028  |
|                    | TDr 1401593   | 1                 | 15 | -173.20  | 33.46   | 8.64    | -19.32 | -229  | -99   | -2598  |
|                    |               | 2                 | 14 | -165.21  | 35.22   | 9.41    | -21.32 | -214  | -90   | -2313  |
|                    | TDr meccakusa | 1                 | 14 | -112.86  | 13.01   | 3.48    | -11.53 | -132  | -89   | -1580  |
|                    |               | 2                 | 13 | -122.69  | 25.59   | 7.10    | -20.86 | -185  | -94   | -1595  |
| Stiffness/Hardness | TDr 1400158   | 1                 | 14 | 983.29   | 120.42  | 32.18   | 12.25  | 848   | 1269  | 13766  |
|                    |               | 2                 | 10 | 654.10   | 119.35  | 37.74   | 18.25  | 477   | 822   | 6541   |
|                    | TDr 1401220   | 1                 | 13 | 685.23   | 104.32  | 28.93   | 15.22  | 539   | 837   | 8908   |
|                    |               | 2                 | 16 | 781.56   | 117.87  | 29.47   | 15.08  | 528   | 973   | 12505  |



# RTBfoods-WP2

## SOP: Standard Operating Protocol for Textural Characterization of Pounded Yam

Date: 28/02/2022

Release: 1

|              | Variety       | Cooking replicate | N  | Mean    | Std Dev | Std Err | CV    | Min    | Max    | Sum     |
|--------------|---------------|-------------------|----|---------|---------|---------|-------|--------|--------|---------|
|              | TDr 1401593   | 1                 | 15 | 1136.07 | 158.11  | 40.82   | 13.92 | 943    | 1498   | 17041   |
|              |               | 2                 | 14 | 1103.64 | 109.66  | 29.31   | 9.94  | 920    | 1262   | 15451   |
|              | TDr meccakusa | 1                 | 14 | 625.21  | 128.35  | 34.30   | 20.53 | 483    | 914    | 8753    |
|              |               | 2                 | 13 | 588.08  | 141.89  | 39.35   | 24.13 | 414    | 838    | 7645    |
| Chewiness    | TDr 1400158   | 1                 | 14 | 145.10  | 25.03   | 6.69    | 17.25 | 96.79  | 190.57 | 2031.42 |
|              |               | 2                 | 10 | 367.63  | 111.33  | 35.21   | 30.28 | 207.95 | 534.96 | 3676.31 |
|              | TDr 1401220   | 1                 | 13 | 157.14  | 78.74   | 21.84   | 50.11 | 92.56  | 339.33 | 2042.81 |
|              |               | 2                 | 16 | 79.94   | 27.55   | 6.89    | 34.47 | 49.79  | 145.48 | 1279.07 |
|              | TDr 1401593   | 1                 | 15 | 53.50   | 12.46   | 3.22    | 23.29 | 30.25  | 75.2   | 802.46  |
|              |               | 2                 | 14 | 45.89   | 10.75   | 2.87    | 23.42 | 28.27  | 62.43  | 642.43  |
|              | TDr meccakusa | 1                 | 14 | 178.67  | 62.60   | 16.73   | 35.04 | 88.74  | 288.45 | 2501.32 |
|              |               | 2                 | 13 | 178.04  | 84.18   | 23.35   | 47.28 | 88.93  | 337.06 | 2314.55 |
| Gumminess    | TDr 1400158   | 1                 | 14 | 339.07  | 32.10   | 8.58    | 9.47  | 255    | 391    | 4747    |
|              |               | 2                 | 10 | 465.10  | 64.54   | 20.41   | 13.88 | 365    | 576    | 4651    |
|              | TDr 1401220   | 1                 | 13 | 298.77  | 60.45   | 16.77   | 20.23 | 225    | 421    | 3884    |
|              |               | 2                 | 16 | 229.88  | 28.21   | 7.05    | 12.27 | 193    | 288    | 3678    |
|              | TDr 1401593   | 1                 | 15 | 231.87  | 28.46   | 7.35    | 12.27 | 170    | 282    | 3478    |
|              |               | 2                 | 14 | 209.50  | 28.99   | 7.75    | 13.84 | 155    | 263    | 2933    |
|              | TDr meccakusa | 1                 | 14 | 313.57  | 42.32   | 11.31   | 13.50 | 243    | 391    | 4390    |
|              |               | 2                 | 13 | 305.15  | 75.13   | 20.84   | 24.62 | 226    | 478    | 3967    |
| Cohesiveness | TDr 1400158   | 1                 | 14 | 0.35    | 0.05    | 0.01    | 14.15 | 0.28   | 0.46   | 4.88    |
|              |               | 2                 | 10 | 0.73    | 0.16    | 0.05    | 21.74 | 0.52   | 1.02   | 7.31    |
|              | TDr 1401220   | 1                 | 13 | 0.45    | 0.14    | 0.04    | 30.69 | 0.32   | 0.78   | 5.83    |
|              |               | 2                 | 16 | 0.30    | 0.08    | 0.02    | 27.70 | 0.22   | 0.54   | 4.87    |
|              | TDr 1401593   | 1                 | 15 | 0.21    | 0.03    | 0.01    | 13.50 | 0.16   | 0.25   | 3.09    |
|              |               | 2                 | 14 | 0.19    | 0.02    | 0.01    | 11.04 | 0.17   | 0.23   | 2.66    |
|              | TDr meccakusa | 1                 | 14 | 0.53    | 0.15    | 0.04    | 27.68 | 0.32   | 0.80   | 7.36    |
|              |               | 2                 | 13 | 0.54    | 0.16    | 0.04    | 29.45 | 0.32   | 0.85   | 7.05    |
| Springiness  | TDr 1400158   | 1                 | 14 | 0.43    | 0.05    | 0.01    | 11.08 | 0.34   | 0.51   | 5.97    |
|              |               | 2                 | 10 | 0.78    | 0.16    | 0.05    | 20.98 | 0.56   | 0.95   | 7.77    |
|              | TDr 1401220   | 1                 | 13 | 0.50    | 0.14    | 0.04    | 26.81 | 0.35   | 0.81   | 6.56    |
|              |               | 2                 | 16 | 0.34    | 0.08    | 0.02    | 23.54 | 0.25   | 0.51   | 5.45    |
|              | TDr 1401593   | 1                 | 15 | 0.23    | 0.03    | 0.01    | 12.86 | 0.18   | 0.29   | 3.42    |
|              |               | 2                 | 14 | 0.22    | 0.03    | 0.01    | 13.93 | 0.18   | 0.27   | 3.04    |
|              | TDr meccakusa | 1                 | 14 | 0.56    | 0.13    | 0.03    | 23.21 | 0.37   | 0.75   | 7.79    |
|              |               | 2                 | 13 | 0.56    | 0.16    | 0.05    | 29.03 | 0.36   | 0.94   | 7.31    |

NB: The data in the table above was calculated when outliers were not removed. Outliers can be removed by statistical analysis.

Table 3 Example of accuracy, repeatability, and ANOVA of textural attribute (cohesiveness) of pounded yam made from 4 Dioscorea varieties

| By Variety               |        |                |             |              |           | By cooking replicate     |       |                |             |           |              |           |           |
|--------------------------|--------|----------------|-------------|--------------|-----------|--------------------------|-------|----------------|-------------|-----------|--------------|-----------|-----------|
| Analysis of Variance     |        |                |             |              |           | Analysis of Variance     |       |                |             |           |              |           |           |
| Source                   | DF     | Sum of Squares | Mean Square | F Ratio      | Prob > F  | Source                   | DF    | Sum of Squares | Mean Square | F Ratio   | Prob > F     |           |           |
| variety                  | 3      | 1.9636944      | 0.654565    | 31.3202      | <.0001*   | cooking replicate        | 1     | 0.0333314      | 0.033331    | 0.8646    | 0.3545       |           |           |
| Error                    | 105    | 2.1944115      | 0.020899    |              |           | Error                    | 107   | 4.1247746      | 0.038549    |           |              |           |           |
| C. Total                 | 108    | 4.1581060      |             |              |           | C. Total                 | 108   | 4.1581060      |             |           |              |           |           |
| Means and Std Deviations |        |                |             |              |           | Means and Std Deviations |       |                |             |           |              |           |           |
| Level                    | Number | Mean           | Std Dev     | Std Err Mean | Lower 95% | Upper 95%                | Level | Number         | Mean        | Std Dev   | Std Err Mean | Lower 95% | Upper 95% |
| TDr1400158               | 24     | 0.5078387      | 0.219695    | 0.0448451    | 0.4150696 | 0.6006077                | 1     | 56             | 0.3779528   | 0.1577784 | 0.021084     | 0.3356995 | 0.4202061 |
| TDr1401220               | 29     | 0.3691741      | 0.1313578   | 0.0243925    | 0.3192083 | 0.41914                  | 2     | 53             | 0.4129399   | 0.2302007 | 0.0316205    | 0.3494887 | 0.4763911 |
| TDr1401593               | 29     | 0.1983866      | 0.0257041   | 0.0047731    | 0.1886093 | 0.2081639                |       |                |             |           |              |           |           |
| TDr meccakusa            | 27     | 0.5334735      | 0.1496997   | 0.0288097    | 0.4742542 | 0.5926927                |       |                |             |           |              |           |           |

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## SOP: Standard Operating Protocol for Textural Characterization of Pounded Yam

Date: 28/02/2022

Release: 1

### By Variety

#### Connecting Letters Report

| Level         |   | Mean       |
|---------------|---|------------|
| TDr meccakusa | A | 0.53347347 |
| TDr 1400158   | A | 0.50783868 |
| TDr 1401220   | B | 0.36917414 |
| TDr 1401593   | C | 0.19838658 |

Levels not connected by same letter are significantly different.

#### Ordered Differences Report

| Level         | - Level     | Difference | Std Err Dif | Lower CL  | Upper CL  | p-Value |
|---------------|-------------|------------|-------------|-----------|-----------|---------|
| TDr meccakusa | TDr 1401593 | 0.3350869  | 0.0386614   | 0.234155  | 0.4360186 | <.0001* |
| TDr 1400158   | TDr 1401593 | 0.3094521  | 0.0398931   | 0.205305  | 0.4135993 | <.0001* |
| TDr 1401220   | TDr 1401593 | 0.1707876  | 0.0379647   | 0.071675  | 0.2699005 | 0.0001* |
| TDr meccakusa | TDr 1401220 | 0.1642993  | 0.0386614   | 0.063368  | 0.2652310 | 0.0003* |
| TDr 1400158   | TDr 1401220 | 0.1386645  | 0.0398931   | 0.034517  | 0.2428118 | 0.0041* |
| TDr meccakusa | TDr 1400158 | 0.0256348  | 0.0405566   | -0.080245 | 0.1315143 | 0.9215  |

### By cooking replicate

#### Connecting Letters Report

| Level |   | Mean       |
|-------|---|------------|
| 2     | A | 0.41293992 |
| 1     | A | 0.37795281 |

Levels not connected by same letter are significantly different.

#### Ordered Differences Report

| Level | - Level | Difference | Std Err Dif | Lower CL  | Upper CL  | p-Value |
|-------|---------|------------|-------------|-----------|-----------|---------|
| 2     | 1       | 0.0349871  | 0.0376261   | -0.039602 | 0.1095765 | 0.3545  |

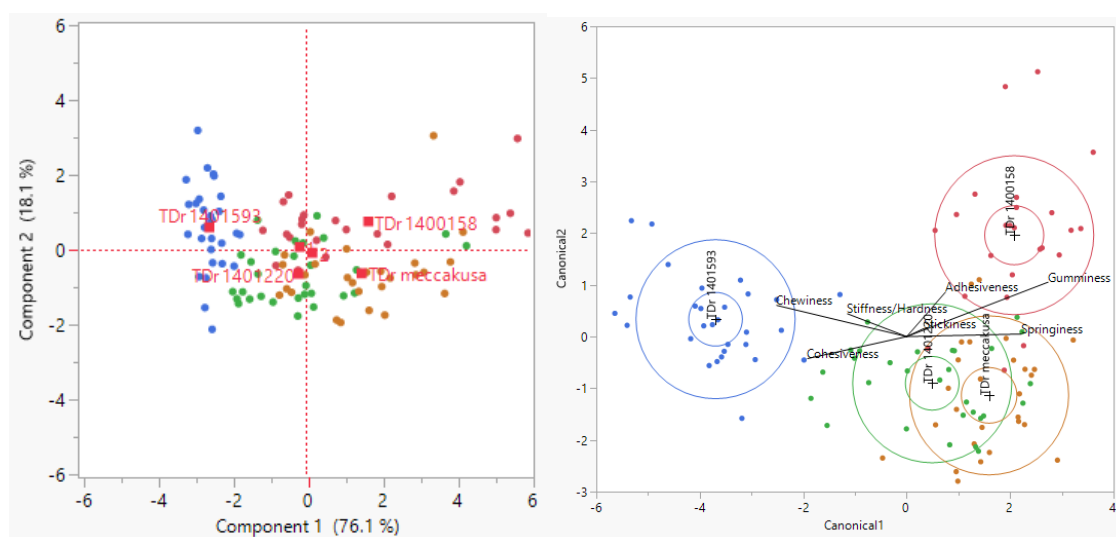


Fig 5 Principal component and Discriminant analysis of pounded yam texture of 4 varieties of yam

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|---|------------|
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Table 4 Example of values for mean instrumental textural attributes of pounded yam from 13 *D.alata* and *D.rotundata* yams

| Varieties  | Stiffness/<br>Hardness | Adhesiveness<br>(g.mm) | Stickiness (g)       | Stringiness<br>(mm) | Resilience           | Cohesiveness        | Springiness        |
|------------|------------------------|------------------------|----------------------|---------------------|----------------------|---------------------|--------------------|
| TDr1401593 | 7177.8b                | -1165.5b               | -1023.2bc            | 0.995a              | 0.045b               | 0.121a              | 0.995a             |
| TDr1000048 | 6734.4b                | -1512.6bc              | -1383.1d             | 0.935abc            | 0.027c               | 0.117a              | 0.935abc           |
| TDr1400359 | 4356.8a                | -1305.1b               | -904.3b              | 0.765c              | 0.01d                | 0.13a               | 0.765c             |
| TDr0900067 | 6397.2b                | -1832.6c               | -1180.8cd            | 0.953ab             | 0.028c               | 0.176b              | 0.953ab            |
| TDr1100180 | 8961.8a                | -436.0a                | -579.8a              | 0.971a              | 0.066a               | 0.128a              | 0.971a             |
| TDr1401419 | 6397.8b                | -2917.1d               | -1722.3e             | 0.988a              | -0.008e              | 0.178b              | 0.988a             |
| IGN        | 5090.6a                | -1919.5c               | -1230.2cd            | 0.788bc             | 0.003de              | 0.198a              | 0.788bc            |
| Mean       | 6445.2                 | -1584.1                | -1146.2              | 0.914               | 0.024                | 0.150               | 0.914              |
| SE         | 559.65                 | 289.80                 | 137.21               | 0.04                | 0.01                 | 0.01                | 0.04               |
| TDa1400301 | 5796.1 <sup>a</sup>    | -731.1 <sup>a</sup>    | -1041.6 <sup>b</sup> | 0.911 <sup>a</sup>  | 0.03 <sup>a</sup>    | 0.078b <sup>c</sup> | 0.911 <sup>a</sup> |
| TDa1100224 | 3561.8 <sup>a</sup>    | -732.6 <sup>a</sup>    | -530.4 <sup>a</sup>  | 0.953 <sup>a</sup>  | 0.01ab               | 0.061 <sup>c</sup>  | 0.953 <sup>a</sup> |
| TDa1215201 | 4694.3 <sup>bc</sup>   | -1361.5 <sup>bc</sup>  | -1102.1 <sup>b</sup> | 0.965 <sup>a</sup>  | 0.014 <sup>ab</sup>  | 0.131 <sup>a</sup>  | 0.965 <sup>a</sup> |
| TDa1100432 | 4187.8 <sup>b</sup>    | -973.6 <sup>ab</sup>   | -1010.2 <sup>b</sup> | 0.992 <sup>a</sup>  | 0.01 <sup>ab</sup>   | 0.088 <sup>b</sup>  | 0.992 <sup>a</sup> |
| TDa1100201 | 4985.5 <sup>b</sup>    | -1692.7 <sup>c</sup>   | -1339.6 <sup>c</sup> | 0.995 <sup>a</sup>  | -0.005 <sup>bc</sup> | 0.079 <sup>bc</sup> | 0.995 <sup>a</sup> |
| TDa1100316 | 4969.6 <sup>b</sup>    | -2482.4 <sup>d</sup>   | -1411.9 <sup>c</sup> | 0.967 <sup>a</sup>  | -0.024 <sup>c</sup>  | 0.126 <sup>a</sup>  | 0.967 <sup>a</sup> |
| Mean       | 4699.2                 | -1329.0                | -1072.6              | 0.964               | 0.006                | 0.094               | 0.964              |
| SE         | 311.6                  | 277.1                  | 127.3                | 0.012               | 0.008                | 0.012               | 0.012              |

## 10.1 Correlation between sensory and instrumental textural quality attributes of pounded yam

The correlation coefficients (r) and correlation probabilities (P) between the ITPA parameters and ITPA versus STPA parameters of pounded yam samples are presented in Table 5 & Table 6 respectively, for the *Dioscorea* varieties combined.

**Table 5** Correlation coefficients of sensory and instrumental attributes of pounded yam made from combined data of *D. alata* and *D. rotundata*

| Instrument   | Sensory      |              |                |          | Instrumental |              |            |             |            |              |             |
|--------------|--------------|--------------|----------------|----------|--------------|--------------|------------|-------------|------------|--------------|-------------|
|              | Adhesiveness | Mouthability | Stretchability | Hardness | Hardness     | Adhesiveness | Stickiness | Stringiness | Resilience | Cohesiveness | Springiness |
| Hardness     | -0.498       | 0.507        | 0.257          | 0.165    | 1            |              |            |             |            |              |             |
| Adhesiveness | 0.173        | -0.347       | -0.471         | -0.048   | 0.065        | 1            |            |             |            |              |             |
| Stickiness   | 0.337        | -0.193       | -0.304         | -0.318   | -0.044       | 0.863        | 1          |             |            |              |             |
| Stringiness  | -0.320       | -0.390       | -0.522         | 0.423    | 0.202        | -0.065       | -0.147     | 1           |            |              |             |
| Resilience   | -0.094       | 0.213        | -0.022         | -0.138   | 0.665        | 0.735        | 0.593      | -0.006      | 1          |              |             |
| Cohesiveness | 0.010        | 0.839        | 0.907          | -0.315   | 0.307        | -0.645       | -0.451     | -0.302      | -0.124     | 1            |             |
| Springiness  | -0.320       | -0.390       | -0.522         | 0.423    | 0.202        | -0.065       | -0.147     | 1           | -0.006     | -0.302       | 1           |

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**Table 6** Correlation probabilities of sensory and instrumental attributes of pounded yam made from combined data of *D. alata* and *D. rotundata*

| Instrument   | Sensory      |              |                |          | Instrumental |              |            |             |            |              |             |
|--------------|--------------|--------------|----------------|----------|--------------|--------------|------------|-------------|------------|--------------|-------------|
|              | Adhesiveness | Mouldability | Stretchability | Hardness | Hardness     | Adhesiveness | Stickiness | Stringiness | Resilience | Cohesiveness | Springiness |
| Hardness     | 0.084        | 0.077        | 0.397          | 0.590    | <0.0001      |              |            |             |            |              |             |
| Adhesiveness | 0.572        | 0.246        | 0.104          | 0.867    | 0.832        | <0.0001      |            |             |            |              |             |
| Stickiness   | 0.260        | 0.527        | 0.312          | 0.290    | 0.887        | 0.0001       | <0.0001    |             |            |              |             |
| Stringiness  | 0.286        | 0.188        | 0.067          | 0.149    | 0.508        | 0.833        | 0.632      | <0.0001     |            |              |             |
| Resilience   | 0.761        | 0.484        | 0.943          | 0.653    | 0.013        | 0.0042       | 0.033      | 0.983       | <0.0001    |              |             |
| Cohesiveness | 0.975        | 0.0003       | <0.0001        | 0.295    | 0.308        | 0.017        | 0.121      | 0.316       | 0.687      | <0.0001      |             |
| Springiness  | 0.286        | 0.188        | 0.067          | 0.149    | 0.508        | 0.833        | 0.632      | <0.0001     | 0.983      | 0.316        | <0.0001     |

(Red highlighted correlation probabilities are significant at 5 % level)

The following relationships had significant correlation probabilities at 5% significance level:

Instrumental adhesiveness and instrumental stickiness (P = 0.0001)

Instrumental resilience and instrumental hardness (P = 0.013)

Instrumental resilience and instrumental adhesiveness (P = 0.0042)

Instrumental resilience and instrumental stickiness (P = 0.033)

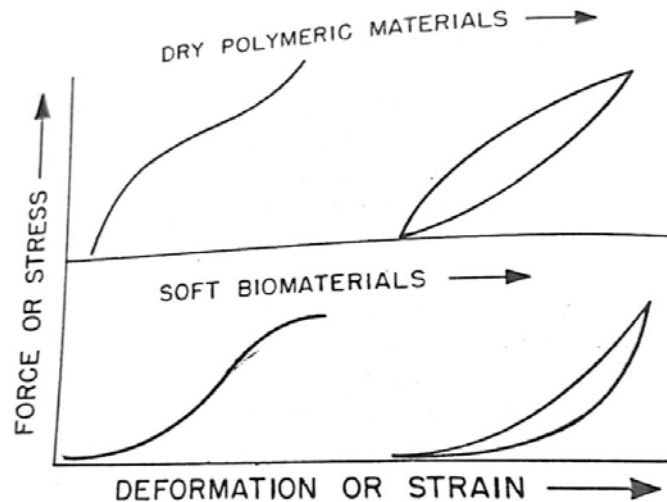
Instrumental cohesiveness and sensory mouldability (P = 0.0003)

Instrumental cohesiveness and sensory stretchability (P <0.0001)

The only significant correlations existing between sensory and instrumental textural attributes were instrumental cohesiveness and sensory mouldability (P = 0.0003) and instrumental cohesiveness and sensory stretchability (P <0.0001).

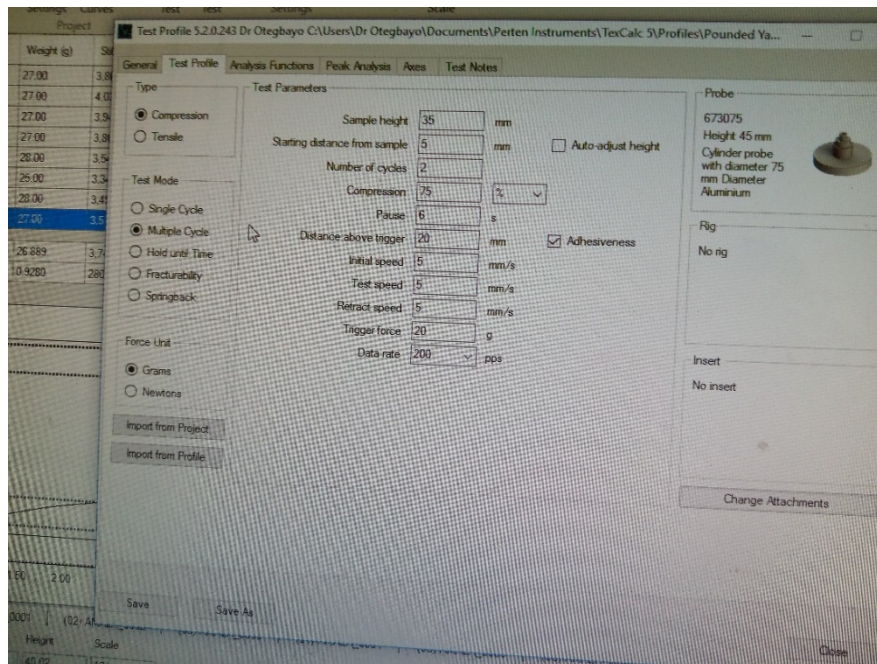
## 11 APPENDICES

### 11.1 Annex 1 Force-deformation curves of Polymeric materials and soft biological materials.



Source: Mohsenin (1986)

### 11.2 Annex 2 Setting of Test Profile on the TVT



+ Credits for each Picture.

Abiola TANIMOLA  
Ayomide ALAMU



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